Board Certification:

The Board Certification requirements are:

- **Pass a National Background Check** (Cost included in Fee)
- **750 hours of total education**
  - This can be a combination of schooling from an NCBTMB Assigned School, NCBTMB Approved Provider or an Accredited College/University. This includes your core massage therapy program and any subsequently completed continuing education hours.
- **250 hours of work experience**
  - Only 25 of the 250 can be volunteer work
  - Complete 250 hours of professional hands-on experience over no less than six months from graduation
- **Maintain a CPR certification**

To apply for this exam you will need to:

- Complete the “Board Certification Application” and pay the $250 fee.
- The exam can only be taken twice within 6 months. Exam attempts must be taken at least 45 days apart.

Recertifying your Board Certification*:

- Renewal is every two (2) years
- The Recertification requirements are:
  - **24 hours of continuing education**
    - 3 of the 24 hours must be in a research course. You can find these courses by going to our website, www.ncbtmb.org and clicking on “Find an NCBTMB Approved Provider” located on the lower left hand side of the website. You can search by “Course Category” and click “Find”
    - Only 4 hours can be in self-care courses
    - Only 4 hours can be in courses less than 2 hours
  - **100 hours of work experience**
    - Hands on, Volunteering, Administration, Teaching or Teaching Assistant, Curriculum Development, Writing/Publishing in a Peer Reviewed Journal, Research
  - **Maintain a CPR certification**

*ALL continuing education must be taken with NCBTMB Approved Providers as of 1/1/2013.